

Washington State Patrol
D.I.T.E.P.
Substance Abuse Check List

1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0

1. General Appearance 3.0

2. Signs of Illness/Injury 3.5

3. Blood Pressure 4.0

4. Pulse 4.5

5. Pupil Size 5.0

6. Internal Clock/Romberg 5.5

7. Odors 6.0

8. Paraphenalia Found 6.5

9. Statements Made 6.5

10. Opinion of Evaluator 6.5

Blood Pressure Normal Range
120-140 Systolic
70-90 Diastolic

Pulse Normal Range
60-90 BPM

Normal Temperature Range
98.6 +/- 1 degree F

Normal Pupil Range
3.0 mm - 6.5 mm

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	CNS DEPRESSANT	CNS STIMULANT	HALLU-CINOGEN	DISSOCIATIVE ANESTHETIC	NARCOTIC ANALGESIC	INHALANT	CANNABIS		CNS DEPRESSANT	CNS STIMULANT	HALLU-CINOGEN	DISSOCIATIVE ANESTHETIC	NARCOTIC ANALGESIC	INHALANT	CANNABIS
HORIZONTAL NYSTAGMUS	PRESENT	NONE	NONE	PRESENT	NONE	PRESENT	NONE	HORIZONTAL NYSTAGMUS	PRESENT	NONE	NONE	PRESENT	NONE	PRESENT	NONE
VERTICAL NYSTAGMUS	PRESENT (High Dose)	NONE	NONE	PRESENT	NONE	PRESENT (High Dose)	NONE	VERTICAL NYSTAGMUS	PRESENT (High Dose)	NONE	NONE	PRESENT	NONE	PRESENT (High Dose)	NONE
LACK OF CONVERGENCE	PRESENT	NONE	NONE	PRESENT	NONE	PRESENT	PRESENT	LACK OF CONVERGENCE	PRESENT	NONE	NONE	PRESENT	NONE	PRESENT	PRESENT
PUPIL SIZE	NORMAL ¹	DILATED	DILATED	NORMAL	CONSTRICTED	NORMAL ⁴	DILATED ⁶	PUPIL SIZE	NORMAL ¹	DILATED	DILATED	NORMAL	CONSTRICTED	NORMAL ⁴	DILATED ⁶
REACTION TO LIGHT	SLOW	SLOW	NORMAL ³	NORMAL	LITTLE OR NONE VISIBLE	SLOW	NORMAL	REACTION TO LIGHT	SLOW	SLOW	NORMAL ³	NORMAL	LITTLE OR NONE VISIBLE	SLOW	NORMAL
PULSE RATE	DOWN ²	UP	UP	UP	DOWN	UP	UP	PULSE RATE	DOWN ²	UP	UP	UP	DOWN	UP	UP
BLOOD PRESSURE	DOWN	UP	UP	UP	DOWN	UP/DOWN ⁵	UP	BLOOD PRESSURE	DOWN	UP	UP	UP	DOWN	UP/DOWN ⁵	UP
BODY TEMPERATURE	NORMAL	UP	UP	UP	DOWN	UP/DOWN NORMAL	NORMAL	BODY TEMPERATURE	NORMAL	UP	UP	UP	DOWN	UP/DOWN NORMAL	NORMAL
MUSCLE TONE	FLACCID	RIGID	RIGID	RIGID	FLACCID	FLACCID	NORMAL	MUSCLE TONE	FLACCID	RIGID	RIGID	RIGID	FLACCID	FLACCID	NORMAL

1. Soma and Quaaludes usually dilate pupils
2. Quaaludes and ETOH may elevate
3. Certain psychedelic amphetamines cause slowing

4. Normal, but may be dilated
5. Anesthetic gases lower, solvents/aerosols elevate
6. Pupil size possibly normal

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3000-136-004 (R 4/09)

	CNS DEPRESSANT	CNS STIMULANT	HALLU-CINOGEN	DISSOCIATIVE ANESTHETIC	NARCOTIC ANALGESIC	INHALANT	CANNABIS
HORIZONTAL NYSTAGMUS	PRESENT	NONE	NONE	PRESENT	NONE	PRESENT	NONE
VERTICAL NYSTAGMUS	PRESENT (High Dose)	NONE	NONE	PRESENT	NONE	PRESENT (High Dose)	NONE
LACK OF CONVERGENCE	PRESENT	NONE	NONE	PRESENT	NONE	PRESENT	PRESENT
PUPIL SIZE	NORMAL ¹	DILATED	DILATED	NORMAL	CONSTRICTED	NORMAL ⁴	DILATED ⁶
REACTION TO LIGHT	SLOW	SLOW	NORMAL ³	NORMAL	LITTLE OR NONE VISIBLE	SLOW	NORMAL
PULSE RATE	DOWN ²	UP	UP	UP	DOWN	UP	UP
BLOOD PRESSURE	DOWN	UP	UP	UP	DOWN	UP/DOWN ⁵	UP
BODY TEMPERATURE	NORMAL	UP	UP	UP	DOWN	UP/DOWN NORMAL	NORMAL
MUSCLE TONE	FLACCID	RIGID	RIGID	RIGID	FLACCID	FLACCID	NORMAL

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LACK OF CONVERGENCE	PRESENT	NONE	NONE	PRESENT	NONE	PRESENT	PRESENT
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REACTION TO LIGHT	SLOW	SLOW	NORMAL ³	NORMAL	LITTLE OR NONE VISIBLE	SLOW	NORMAL
PULSE RATE	DOWN ²	UP	UP	UP	DOWN	UP	UP
BLOOD PRESSURE	DOWN	UP	UP	UP	DOWN	UP/DOWN ⁵	UP
BODY TEMPERATURE	NORMAL	UP	UP	UP	DOWN	UP/DOWN NORMAL	NORMAL
MUSCLE TONE	FLACCID	RIGID	RIGID	RIGID	FLACCID	FLACCID	NORMAL

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REACTION TO LIGHT	SLOW	SLOW	NORMAL ³	NORMAL	LITTLE OR NONE VISIBLE	SLOW	NORMAL
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BLOOD PRESSURE	DOWN	UP	UP	UP	DOWN	UP/DOWN ⁵	UP
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